

Camp Application 2025

NORTH SHORE HOLIDAY HOUSE accepts female campers who are between the ages of 7 and 15 years old.

USDA income guidelines for free or reduced lunch eligibility must be met. Higher incomes will be assessed on a case by case basis.

Please submit the application in full and include medical documents. Health History Form 2 must be filled out completely, stamped and signed by a medical professional. We do not accept physicals without our paperwork included. A copy of the campers immunization record should also be attached.

We encourage you to scan and email your application to camp@nshh.org. Please ensure the application is in the correct order. Alternatively, you can mail the application to 74 Huntington Rd, Huntington NY, 11743. We do not accept faxed applications.

Checklist

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USDA Income Form	Attached

If you have any special concerns or questions please contact camp at 631 427 7630 or camp@nshh.org.

PARENT/LEGAL GUARDIAN MUST COMPLETE

Camper's Na	ame		Date of Birth//
	(First)	(Last)	(Month) (Day) (Year)
Age	Grade Entering in September 2025	School Name	
Home Addres	SS		
	(Street)	(Town)	(State) (Zip Code)
Email Addres	SS	Parent Cell F	Phone ()
Returning Ca	amper to Holiday House? Yes No In	what years did your child attend	d camp?
FAMILY DAT	A:		
Camper lives	s with \square Mother \square Father \square Foster Pare	ent 🗆 Guardian	Single Parent Household? Yes
□No			
Mother's Naเ	me	Father's Name	
Foster Paren	t/Guardian's Name	Guardian's Relation	nship
Please list a	II individuals living with the child (continue	on the back of page if neede	d):
	Name	Age	Relationship
			
s either Pare	ent authorized to pick up the camper? \square Yes	s □ No	
Referring Age	ency or Elementary School:		
Name of So	cial Worker		Phone
☐ Check i	f you give NORTH SHORE HOLIDAY HOUSE	permission to call a Social Wor	rker or Agency if a consultation is necessa

EMERGENCY CONTACTS

Please list three people who will be responsible for the camper if the parent or legal guardian is not available. *Information on all three contacts is required and must be filled out completely.*

Please designate (check) an emergency cont	act who would be authorized to pi	ck up the child.	
☐ Name	Relationship	Phone/cell ()	
☐ Name	Relationship	Phone/cell ()	
□ Name	Relationship	Phone/cell ()	
Please list the name of the individu		vour child from camp: Phone/cell ()	
Signature is required			
Parent/Legal Guardian's Signature			Date
Printed Name of Parent/Legal Guardian		Relation t	Child

CHILD'S BACKGROUND Have any of the following happened in the past year? (Please check) ☐ Death of a Relative ☐ Illness Accident Hospitalization ☐ Foster Care Homelessness ☐Covid-19 Separation from Either Parent \square Other (please explain): Please select the child's ethnic origin and racial category or categories with which she most closely identifies by checking off as many as apply. Ethnicity: Hispanic or Latino \square Not Hispanic or Latino ☐ American Indian or Alaska Native Asian Native Hawaiian or Pacific Islander Race: Black or African American SESSION REQUESTED We limit camp sessions to one session per child. You will be notified by email of your acceptance. If you have not confirmed your camp session, be sure to contact us before the start of camp. Camp Session Dates: Mark selection (1st -2nd choice) 6/30 - 7/11 7/14 - 7/25 \Box 7/28 - 8/8 **SESSIONS FOR AGES 7-11** 8/18 - 8/22 □8/11 - 8/15 SESSIONS FOR AGES 12-15 **CAMP PREPARATION** EXCITED ☐ NOT EXCITED MY CAMPER IS: ☐ UNSURE about attending camp I give HOLIDAY HOUSE permission to have my child participate in field trips, including the transport for the same; My camper and I have read and understood the camp rules, within the parent guide, and my camper is committed to following these rules while at camp.

AGREEMENT AND RELEASE OF LIABILITY

1. In consideration of Camper named above ("Camper") being allowed to attend sleep-away camp and participate in the activities and programs at the NORTH SHORE HOLIDAY HOUSE, a New York not-for-profit Corporation (the "HOLIDAY HOUSE"), and to use its facilities and equipment, in addition to the payment of any fee or charge, and as a condition of enrollment, Parent (or Legal Guardian) does hereby indemnify, waive, release and forever discharge HOLIDAY HOUSE and its members, managers, directors, officers, agents, employees, representatives, successors and assigns, administrators, executors, and all others associated with HOLIDAY HOUSE from any and all responsibilities or liability from injuries or damages resulting from my participation in any activities or programs of HOLIDAY HOUSE or the Camper's use of the facilities, equipment or machinery in the such activities or programs. Parent (or Legal Guardian) does also hereby release all of those mentioned and any others acting upon their behalf from any responsibility or liability for any injury or damage to Camper, including those caused by the ordinary negligence of any of those mentioned or others acting on their behalf or in any way arising out of or connected with Camper's participation in any activities of HOLIDAY HOUSE or the use of any facilities/equipment or machinery at HOLIDAY HOUSE and including those caused by the COVID-19 virus. I acknowledge and understand that this release is given in advance of any injury or damage to Camper and that it includes injury or damage to Camper caused by the ordinary negligence of those released hereby but not from the claims related to gross negligence or willful/wanton/criminal/intentional conduct or acts of those who are otherwise released hereby. Parent (or Legal Guardian) understands that he/she is giving up substantial rights (including the right to sue) and acknowledges that he/she is signing this document freely and voluntarily and intends by his/her signature to provide a complete and unconditional release of all liability to the greatest extent allowed by law.

IF YOU UNDERSTAND AND AGREE, PLEASE INITIAL

2. Parent (or Legal Guardian) acknowledges and fully understands that swimming, camping, hiking, martial arts, outdoor cooking, activities involving animals, out-door activities and certain arts and crafts projects, including the use of equipment in connection with those activities, are potentially hazardous activities. Parent (or Legal Guardian) also understands that such activities have inherent potential risks and dangers and acknowledges and agrees that there is a risk of significant injury from participating in such activities, including permanent paralysis and death. Inherent risks also include, but are not limited to, acts or omissions of other campers, the condition of equipment or property (even if properly maintained), weather conditions (such as lightning strikes, sunburn, rain or hail storms, tornadoes and the like), the risk of Camper engaging in unauthorized activities, Camper's physical condition and Camper's own act or omissions. Parent or Legal Guardian of Camper gives permission for Camper to participate in the activities and programs of HOLIDAY HOUSE including off-site field trips, and Camper is voluntarily participating in these activities and using facilities, equipment and machinery, with knowledge of the dangers and inherent risks involved. Camper and Parent (or Legal Guardian) hereby agree to expressly assume and accept any and all risks of injury or death.

IF YOU UNDERSTAND AND AGREE, PLEASE INITIAL __

3. Parent	t (or	Legal (Guardian)	repres	sents and	warrants	to H	OLIDAY HOU	SE tha	at Cam	per i	s above th	e min	imum age o	of 6 years
required	to pa	articipa	te in the	sleep	-away ca	mp and i	is in g	good health a	and su	ıffering	fron	n no condi	tion, i	mpairment,	disease,
infirmity	or	other	illness	that	would	prevent	his	participation	or	use	of	equipment	or	machinery	except
				(co	ntinue or	separate	page	if necessary)	. Parei	nt (or L	egal	Guardian) a	ackno	wledges that	at he/she
has cons	ulted	d with	the Carr	iper's	personal	physiciar	n who	has certified	l that	Campe	er is	fit to parti	cipate	e in an acti	ve camp
program.															

IF YOU UNDERSTAND AND AGREE, PLEASE INITIAL __

The parties agree that the provisions of this "Agreement and Release of Liability" ("Agreement") shall be deemed severable and that the invalidity or unenforceability of any one or more of the provisions of clauses hereof shall not affect the validity or enforceability of the other provisions or clauses hereof except as specifically set forth herein. The terms of this Agreement constitute the entire agreement and understanding between the parties. This Agreement is made pursuant to and shall be construed under the laws of the State of New York. This Agreement shall be binding upon the undersigned, his/her heirs, executors, administrators and assigns.

Parent/Legal Guardian's Signature	Printed Name of Parent/Legal Guardian

PHOTOGRAPHY RELEASE AND WAIVER

and its members, managers, directors, officers, agents, er associated with HOLIDAY HOUSE, to photograph my image grant permission to the HOLIDAY HOUSE to edit, crop, or photographs. I hereby consent to and permit photograph reproduced by the HOLIDAY HOUSE worldwide for any including print and electronic. I understand that the HOLIDAY	JSE, a New York Not-For-Profit Corporation ("HOLIDAY HOUSE") inployees, representatives, successors and assigns, and all others it, likeness, or depiction and/or that of my minor children. I hereby retouch such photographs, and waive any right to inspect the finates of me and/or those of my minor children to be used and/or ourpose, including advertisement purposes, and in any medium and HOUSE may use such photographs with or without associating on of any kind for the HOLIDAY HOUSE's use or publication or
limited to, invasion of privacy; defamation; false light or mis publication of photographs of me and/or those of my minor sue or otherwise initiate legal proceedings against the HOL	OUSE from any claim for damages of any kind (including, but not appropriation of name, likeness or image) arising out of the use of children by the HOLIDAY HOUSE, and covenant and agree not to IDAY HOUSE for such use or publication on my own behalf or or ad consent, and all covenants, agreements and understandings
Parent/Legal Guardian's Signature	Printed Name of Parent/Legal Guardian
Name of Minor	Date

CAMPER ESSAY

Mandatory s	section to be complete	d by the camp	er:	
to camp? You	about yourself. Why do you can include information ab you enjoy about camp or	oout home,	e life at	
	campers please tell us you e thing you learned last sun			
My name is				
l am	years old and in			
			_ school	
				Attach a photo of yourself or draw a picture above.

You may use the back of this sheet if you need more space.

CAMPER HEALTH HISTORY FORM 1 (This form must be filled out by a Parent/Legal Guardian)

Camper's Name				Date of Birth	
	(First)	(Last)		(M	onth) (Day) (Year)
Home Address	(Street)		(Town)	(State)	(Zip Code)
Email Address			Parent 0	Cell Phone ()	
Parent/Legal Guardian wit	th legal custo	ody to be contacted in ca	ase of illness or in	njury:	
Name			Relation	ship to Camper	
Email Address			F	referred Phone ()	
Second Parent/Legal Gua	rdian or anot	her emergency contact:			
Name			Relation	ship to Camper:	
Email Address			F	Preferred Phone ()	
HEALTH HISTORY: (ple	es [that apply and explain) Anxiety Diarrhea/Constipation Menstruation Skin problems	☐ Nosebleeds ☐ Sleep walking	Glas	wetting ses hiatric diagnosis
Explanation					
Past History of Hospitalizati	ion/Surgery _				
Special Needs					
ALLERGIES:	☐ No known				
This camper is allergic to:	☐ Food ☐ Other	Medicine		The environment (insect stil	ngs, hay fever, etc.)
		(Please describe ab	ove what the cam	per is allergic to and the rea	action seen)
<u>DIET:</u> Please describe below any	dietary restric	ctions that need to be follo	owed.		
Please check below rega	arding conse	nt for sunscreen and b	ug spray:		
Camper can apply the	emselves 🗆	Counselor can assist	camper in apply	ng items	
☐ Camper can NOT use	sunscreen [☐Camper can NOT us	e bug spray		

CAMPER HEALTH HISTORY FORM 2

(This form must be filled out completely by a Healthcare Provider and a copy of the campers immunization records must be attached) Camper's Name _____ Date of Birth / /___/ (First) (Last) (Month) (Day) (Year) Please complete the following/attach copy of most recent physical (within 12 months): *Exam Date: Height: ______ Weight: _____ BP: _____ Pulse: _____ Hearing: _____ Vision: _____ PPD: _____ BMI: _____ **Daily Medication Orders while at camp** (Note all medication, vitamins, supplements, natural remedies will need to be in original packaging with doctor orders.) Name of Medication Diagnosis Dose/Amount Route Frequency Breakfast Lunch Dinner Bedtime Breakfast Lunch Dinner Bedtime Breakfast Lunch Dinner Bedtime If the child/camper needs any of the following over the counter medications a medical professional will administer according to weight and/or manufacturer recommendations. This signed standing order provides passive consent unless otherwise indicated below. If specific dosages are necessary, the medical provider will indicate below in available space given. Generic Medication Indication Dosage or mark NO Anbesol Tooth Pain Benadryl Allergic Reaction (insect bites, hives) Children's Tums Upset stomach, diarrhea. Hydrocortisone cream 1% Allergic Reactions, (bites, contact dermatitis) Acetaminophen Pain or Fever Ibuprofen Pain or Fever Antibiotic cream Superficial cuts/Abrasions Normal Saline Rinse eye Swimmers Ear- drop Ear pain or discomfort. Calamine lotion Allergic Reaction (insect bites, hives) Milk of Magnesia Constipation The above-named camper may participate in all camp activities: \square Yes \square No Physician Printed Name: ______ Signature: _____ Physician Stamp & License Number: (Required) ______ Date of Examination:_____ Address and Phone number: ______

MENINGOCOCCAL DISEASE FACT SHEET

What is meningococcal disease?

Meningococcal disease is a severe bacterial infection of the bloodstream or meninges (a thin lining covering the brain and spinal cord) caused by the meningococcus germ.

Who gets meningococcal disease?

Anyone can get meningococcal disease, but it is more common in infants and children. For some adolescents, such as first-year college students living in dormitories, there is an increased risk of meningococcal disease. Every year in the United States approximately 2,500 people are infected and 300 die from the disease. Other persons at increased risk include household contacts of a person known to have had this disease, immunocompromised people, and people traveling to parts of the world where meningococcal meningitis is prevalent.

How is the meningococcus germ spread?

The meningococcus germ is spread by direct close contact by nose or throat discharges of an infected person.

What are the symptoms?

High fever, headache, vomiting, stiff neck and a rash are symptoms of meningococcal disease. The symptoms may appear two to 10 days after exposure, but usually within five days. Among people who develop meningococcal disease, 10 to 15 percent die, in spite of treatment with antibiotics. Of those who live, permanent brain damage, hearing loss, kidney failure, loss of arms or legs, or chronic nervous system problems can occur.

What is the treatment for meningococcal disease?

Antibiotics, such as penicillin G or ceftriaxone, can be used to treat people with meningococcal disease.

Should people who have been in contact with a diagnosed case of meningococcal meningitis be treated? Only people who have been in close contact (household members, intimate contacts, health care personnel performing mouth-to-mouth resuscitation, daycare center playmates, etc.) need to be considered for preventive treatment. Such people are usually advised to obtain a prescription for a special antibiotic (either rifampin, ciprofloxacin or ceftriaxone) from their physician. Casual contact, as might occur in a regular classroom, office or factory setting, is not usually significant enough to cause concern.

Is there a vaccine to prevent meningococcal meningitis?

There are three vaccines available for the prevention of meningitis. The preferred vaccine for people ages 2-55 years is Meningococcal conjugate vaccine (MCV4). This vaccine is licensed as Menactra (sanofi pasteur) and Menveo (Novartis). Meningococcal polysaccharide vaccine (MPSV4; Menomune [sanofi pasteur]), should be used for adults ages 56 and older. The vaccines are 85 to 100 percent effective in preventing the four kinds of meningococcus germ (types A, C, Y, W-135). These four types cause about 70 percent of the disease in the United States. Because the vaccines do not include type B, which accounts for about one-third of cases in adolescents, they do not prevent all cases of meningococcal disease.

Is the vaccine safe? Are there adverse side effects to the vaccine?

The three vaccines available to prevent meningococcal meningitis are safe and effective. However, the vaccines may cause mild and infrequent side effects, such as redness and pain at the injection site lasting up to two days.

Who should get the meningococcal vaccine?

The vaccine is routinely recommended for all adolescents ages 11-12 years, all unvaccinated adolescents 13-18 years, and persons 19-21 years who are enrolling in college. The vaccine is also recommended for people ages 2 years and older who have had their spleen re- moved or have other chronic illnesses, as well as some laboratory workers and travelers to endemic areas of the world.

Who needs a booster dose of meningococcal vaccine?

CDC recommends that children ages 11 or 12 years be routinely vaccinated with Menactra or Menveo and receive a booster dose at age 16 years. Adolescents who receive the first dose at age 13-15 years should receive a one-time booster dose, preferably at ages 16-18 years. Teens who receive their first dose of meningococcal conjugate vaccine at or after age 16 years do not need a booster dose, as long as they have no risk factors. All people who remain at highest risk for meningococcal infection should receive additional booster doses. If the person is 56 years or older, they should receive Menomu.

PARENTAL CONSENT TO TREATMENT

I hereby give permission to NORTH SHORE HOLIDAY HOUSE to provide routine health care, administer medications ordered by a physician, and seek emergency medical treatment including ordering x-rays and/or routine tests. I give permission to the Camp Director to determine if circumstances merit the necessity of a child to be sent home. I give permission for the camp to arrange for necessary related transportation for my child. In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by NORTH SHORE HOLIDAY HOUSE to secure and administer treatment, including hospitalization for the camper named above. The completed form may be photocopied for trips out of camp. I also understand and agree to abide by any restrictions placed on my child's participation in camp activities. I give permission for my child to receive any and all medication prescribed by the physician noted on the doctor form. I give permission for camp personnel to apply sunscreen to my child.

Parent/Legal Guardian's Signature	Printed Name of Parent/Legal Guardian
Name of Minor	Date
ACKNOWLEDGEMENT OF INFORMATI	ON REGARDING MENINGOCOCCAL MENINGITIS DISEASE
☐ I have read, or had explained to me, the inform	nation regarding meningococcal meningitis disease.
I understand the risks of not receiving the vac meningitis disease at this time.	cine. My child has not obtained immunization against meningococcal
My child has received meningococcal mening record for date).	itis immunization within the last 10 years. (See required immunization
Parent/Legal Guardian's Signature	Printed Name of Parent/Legal Guardian
Name of Minor	Date

Prototype Household Application for Free and Reduced Price School Meals

Complete one application per household. Please use a pen (not a pencil).

APPLY ONLINE:
RETURN TO (School/District Name):
ADDRESS:

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List ALL Child's				ouse	hold.	Do not	forget	to list	infan	ts, chil		atteı MI	_	other d's Las			lren no	t in sc	hool, a	and c	hildre	n not	applyii	ng for b		. This in Grade					ed to you Runaway			ehold.	
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																							Public Ass	sistance,		How ofte				Pension:	s, Retiremer	nt,			
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Print Na	me of	Adult :	Signin	ng the	Form									S	ignatu	re of Ad	ult											Today	's Date						
Mailing	Addre	ess (if av	vailab	le)					City							State		Zip					Phone	(optiona	al)			Email	(option	al)					

SOURCES AND EXAMPLES OF INCOME

For additional information on income, please refer to the instructions that accompany this application.

	Sources of Income		Examples of Income for Children				
Earnings from Work	Public Assistance/Alimony/ Child Support	Pensions/Retirement/ All other sources of income	A child has a regular full or part-time job where they earn a salary or wages				
Salary, wages, cash bonuses, tips, commissions Net income from self-employment (farm or business)	 Unemployment benefits Workers' compensation Supplemental Security Income (SSI) Cash assistance from State or local 	Social Security/Disability (including railroad retirement and black lung benefits) Private Pensions or disability benefits	 A child is blind or disabled and receives Social Security benefits A parent is disabled, retired, or deceased, and their child receives Social Security benefits 				
If you are in the U.S. Military: Basic pay and cash bonuses (do NOT include combat pay, FSSA, or privatized housing	government - Alimony payments - Child support payments	 Income from trusts or estates Annuities Investment income Earned interest 	A friend or extended family member regularly gives a child spending money				
allowances) Allowances for off-base housing, food, and clothing	Veterans benefits Strike benefits	Rental income Regular cash payments from outside household	A child receives regular income from a private pension fund, annuity, or trust				

OPTIONAL Children's ethnic and racial id	lentities. This information	on is kept confidential and may be	protected by the Privacy Act of 1974							
We are required to ask for information about your children's race and ethnicity. This information is important and helps to make sure we are fully serving our community. Responding to this section is optional and does not affect your children's eligibility for free or reduced price meals.										
Ethnicity (check one): Hispanic or Latino (A person of Cuban, Mexican, Puerto Rican, South or Central American, or other Spanish Culture or origin, regardless of race) Not Hispanic or Latino										
Race (check one or more): American Indian or	Alaska Native As	ian Black or African American	Native Hawaiian or Other Pacific Island	der White						
Return this completed form to your child's school. *Do not mail, fax, or email completed applications to the U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights.										
DO NOT FILL OUT For school use only.										
Annual Income Conversion: Weekly × 52, Every 2 Weeks × 26, Twice a Month × 24, Monthly × 12. Do not annualize income to determine eligibility unless more than one income frequency is listed. How often? Total Income Weekly Every 2 Weeks × 26, Twice a Month × 24, Monthly × 12. Do not annualize income to determine eligibility unless more than one income frequency is listed. Eligibility Free Reduced Denied Categorical Eligibility										
Determining Official's Signature	Data	Conferming Official's Signature	Date	Varifying Official's Signature	Date					
Determining Official's Signature	Date	Confirming Official's Signature	Date	Verifying Official's Signature	Date					

Use of Information Statement

The Richard B. Russell National School Lunch Act requires that we use information from this application to see who qualifies for free or reduced price meals. We can only approve complete forms. We may share your eligibility information with education, health, and nutrition programs to help them deliver program benefits to your household. Inspectors and law enforcement may also use your information to make sure that program rules are met.

Please be sure to provide the last four numbers of the Social Security number of the adult household member who signs the application. If the adult does not have one, 'Check if no Social Security Number.' Applications for a foster child do not need to list a Social Security number. Applications for children in households receiving Supplemental Nutrition Assistance Program (SNAP) or Temporary Assistance for Needy Families (TANF) or Food Distribution Program on Indian Reservations (FDPIR) do not need to list a Social Security number. Some children qualify for free meals without an application. Please contact your school to get free meals for a foster child, and children who are homeless, migrant, or runaway.

The contact information below is solely to file a complaint of discrimination

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language), should contact the responsible state or local agency that administers the program or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/ad-3027.pdf, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by:

FAX:

EMAIL:

*MAIL: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW Washington, D.C. 20250-9410

(833) 256-1665 or (202) 690-7442; or brogram.intake@usda.gov

*Do not mail applications to this address, only complaints of discrimination.